

Message from the Headteacher – Mrs John

I am very pleased to inform you that we had an extremely successful Health and Safety Covid Inspection last Friday. The inspector commended the leadership team on the Covid protocols put in place across the school. He was impressed with the effort that had been invested to reduce the spread of infection and was reassured with the Stanborough risk assessment in place. I would like to thank the students and staff for working hard to follow all the measures put in place in the last few months.



Headteacher's Commendations

Jessica Warne, (Yr. 7) for her enthusiasm in extra-curricular French;

Zara Millar, (Yr. 7) for submitting a correct entry every week, for the Maths challenge in the Stanborough Times;

Martin Ho, (Yr. 8) for achieving 650,000 points on Memrise, showing excellent dedication;

Summer Daley, (Yr. 8) for dedication to her studies whilst being absent from school;

Francesca Young, (Yr. 9) for having a fantastic work ethic and determination in lessons;

Brooke McDonald, (Yr. 9) for having fantastic focus and for working really hard in all lessons;

Matthew Dunstan, (Yr. 9) for his dedication and enthusiasm for Maths club;

Laura Wells and Elitsa Ilieva, (Yr. 11) for being confident enough to question an inspiration leader in the new visual board;

Neve Mason, (Yr. 11) for planning and leading a successful group choreography for an entire dance class;

Charlie Earnshaw, Thomas Gray, Ella Joyce, Callum O'Shea, Alexander Wright, Jay Puranik, Florence Spreyer, (Yr. 13) for excellence in all aspects of their progress checks;

Katie Sullivan, Olivia Scott, Ollie Thornton, Kathryn Stanley, Matthew Dunstan, Anastasia Banks-Mardle, Finley Mitchell, Athanasios Papadopoulos, Oscar Boyle, Jessica Richardson, Alice Hawkins, Sam Golder, Reece Holding, Catherine Cranham, Hunter Dunne, Samantha Waring, Jay Puranik, Jonny Baynes (Yr. 7, Yr. 8, Yr. 9, Yr. 10, Yr. 11 & Yr. 13) for their amazing help and support with the remembrance day service.



Quote of the week:

"I can, I will, I must and not I will try!" Mrs John

Wish you all a restful weekend.

Mrs John

Headteacher's Commendations



Forthcoming Events

23rd – 27th November: Week Two

26 th November	Parent Teacher Surgery, 1.30-4.30pm, Online Event School will finish at 1pm
30 th November	Occasional Day, School Closed
9 th December	Consortium University Challenge Year 8 HPV Injections
17 th December	DEAR Time, Drop Everything and Read. Please ensure your child brings in a book to read. Celebration of Achievements Evening, Virtual Event
18 th December	End of Term

Word of the Week W/C 23rd November 2020

Benevolent is often used in subjects like philosophy and ethics to discuss deities and higher beings as being benevolent or even omnibenevolent (all-good/all-loving).

The word is used frequently in literature to describe attributes of well-known characters, such as Magwitch in *Great Expectations* and Benvolio in *Romeo and Juliet* (interestingly Benvolio's name is an aptronym – his name matches his characteristics and attributes – he is a well meaning / benevolent character and this is inferred as his name begins with 'Ben').

Stanborough School

WORD OF THE WEEK

BENEVOLENT

BIENVEILLANT

BENÉFICO

READ IT

.....

Benevolent

DEFINE IT

.....

1. Well-meaning and kindly desiring to help others;
2. Expressing goodwill or kind feelings.

DRAW IT

.....

USE IT

.....

1. One of them was benevolent.
2. She was a benevolent woman, volunteering all of her free time to charitable organisations.

LINK IT

.....

Good, kind, humane, generous, benign, altruistic.

DE-CONSTRUCT IT

.....

From the latin *bene*, meaning well, *velle* meaning to wish (bene volent-'well wishing').

DIGGING DEEPER

.....

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High Expectations | Mutual Respect | Quality Learning | Success for All

Parent Teacher Surgery

Thursday 26th November 2020

Mr Braybrook, Deputy Headteacher, writes:

The booking system will close at midnight on Tuesday 24th November. If you would like to make an appointment to speak to up to three subject teachers and your child's tutor please do so.

Letters outlining this year's November PTS have been emailed home to parents/carers along with a guide on how to make and participate in appointments. These are also available on our website, <https://stanborough.herts.sch.uk/parents/letters/>

This PTS is open to all parents/carers in all year groups. Appointments will take place via a video call. Please note, we do not expect parents to participate in this surgery as a matter of course.

If you have any queries please contact pti@stanborough.herts.sch.uk

Students will leave school at 1pm on this day.

Year 8 Parents' Evening

We are moving the Year 8 Parents' Evening forward to Thursday 14th January so parents have the opportunity to speak to staff before their options. More information will follow shortly about the event and the Year 8 options process.

School Drop Off and Pick Up

Can we remind parents/carers to be considerate when stopping or parking at school drop off and pick up times. It is important children are able to cross the road safely.

We would also ask that you do not use the school car parks themselves or pull in to the entrance to the staff car park as this causes disruption.

'Why Physics' Year 11 Taster Class

Mr Christodoulou, Subject Leader: Physics, writes:

Year 11 students who are interested in studying Physics at A-level are invited to attend a session entitled "Why Physics". This will take place on Wednesday 25th November at 1:30pm in lab S4 and will be limited to a maximum of 15 students on a first come, first served basis. If you're interested please email kchristodoulou@stanborough.herts.sch.uk

Useful Links



Just Talk Week

16th -20th November 2020

Bethan Makowski, Deputy Head Girl, writes:

This week is JUST TALK Week 2020. JUST TALK is an organisation steered by young people that was created by the Public Health Hertfordshire team. Its aim is to make young people more aware of their mental wellbeing. Everyone has mental health and sometimes it is good and sometimes it is bad. It is good to be open and talk about our mental health as this creates a support system so we have people to go to on days we do not feel great. JUST TALK work with organisations, clubs and schools all across Hertfordshire to help share their message. They have JUST TALK ambassadors within these who work on sharing the JUST TALK message and encourage others to become JUST TALK ambassadors. They work with various mental health charities in Hertfordshire, such as Herts Mind Network and Kooth, to help professionals, parents/carers and young people with their own mental health and those around them. This week they have held a variety of webinars specialising in each of these groups and you should look out for what other events they have throughout the next year.

At Stanborough, the Student Heads of School and Mrs Daplyn felt it was crucial to spread JUST TALK's message this week. JUST TALK have the Five Ways to Wellbeing which is what we should do to maintain positive mental wellbeing. We assigned each of the days this week to one of the ways and gave students activities to do based on these in form time.



Monday- LEARN, try something new you have never tried before.

Students were given a list of new things to try, such as how to do CPR, count to 10 in sign language or say the alphabet backwards.

Tuesday- GIVE, do something for a friend or family member.

Students wrote a note with a kind message to someone randomly selected in their form.

Wednesday- BE ACTIVE, physical activity makes your body and you feel good.

Students competed in sports based charades where they had to act out a sport for their team to guess.

Thursday- NOTICE, relax and be aware of how you are feeling.

Students completed a short meditation and then discussed how it made them feel.

Friday- CONNECT, spend time with family and friends.

Students got into small groups and came up with two truths and one lie to connect with their peers.

Alongside these, everyone watched an assembly put on by the Student Heads of School explaining what JUST TALK is and spreading its positive message. They also watched JUST TALK's promotional video for this week:

<https://youtu.be/aKZjKKCo9CI>

As Sixth Form students do not have tutor time we organised a different activity for them. Throughout this week in the Sixth Form common room we have had post-it notes dotted around containing inspirational quotes or personal positive messages. This is part of the Positive Post-its Project to spread positivity around Sixth Form for JUST TALK Week. When someone has received a positive post-it, they need to write one for someone else.

Stanborough has spread the message of JUST TALK around students and teachers this week and we hope this makes everyone more aware of their mental wellbeing and how to maintain positive mental health.



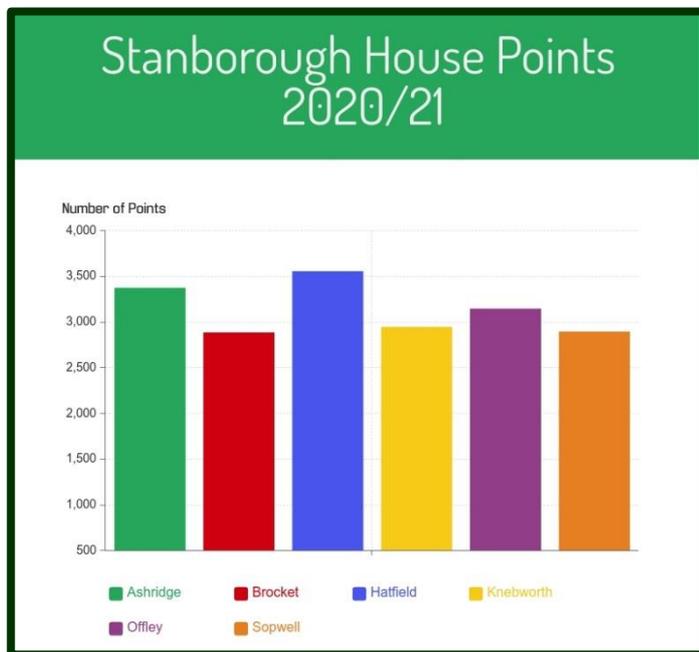
The Great Stanborough Spelling Bee

Mrs Fox, Literacy Leader, writes:

We are pleased to announce The Great Stanborough Spelling Bee which will take place next week across Years 7-10. The objective of the competition is to train memory, enrich vocabulary and develop spelling skills.

The best spellers from each tutor group will be selected in round one. During tutor time each speller will spell a given word out loud or they can use their whiteboards and write it down. If they are right, they remain standing. If they get it wrong, they sit down.

The last one standing will go on to the Grand Final in the LRC!



House Points

Watch out Hatfield - they're catching up on you!

There's still time to change the leader board. Remember, all reward points go towards house points

Vacancies

We have two vacancies:

We are looking to appoint a non-teaching Assistant SENDCo who is committed to ensuring all students with SEND achieve their full potential.

We are looking to appoint an EAL Teacher (unqualified) to work with students who have little to no English.

Please see our website for details and information on how to apply, <https://stanborough.herts.sch.uk/vacancies/staff-vacancies/>





INCLUSION

CORNER

NEURODIVERSITY AMBASSADORS

Mrs Jones, SENDCo, writes:

Neurodiversity is about celebrating ability.

Every achievement, no matter how small, is one step closer to becoming who you really are.

It's not about comparing yourself to others – it's about being proud of what makes you unique!

We 'disable' people when we only talk about what they 'cannot do'. We should talk more about what they 'CAN DO'.

A positive attitude, kindness, honesty, citizenship, ambition, generosity, compassion and empathy are not measured in exams – but those abilities and qualities will determine your success and happiness... because 'I am' and 'I can' is more important than 'IQ'.

SEND is an 'umbrella' term for a range of cognitive impairments affecting 14.6% of young people. 1 in 5 people are neurodiverse, including conditions like Dyslexia, ADHD, and Autism. These 'umbrella' terms describe a range of differences in how people's brains work. The umbrella has become a positive uplifting symbol of neurodiversity.

We are calling on every neurodiverse student to speak openly about what it is like to have a neurodiverse condition, for example:

ADHD

Dyslexia

Autism

Tourette's Syndrome

Dyspraxia



We ask you to talk about your ability, your talents, and your potential.

Tell the world you will not be defined by what you can 'not' do, but what you CAN DO.

We are looking for 'Neurodiverse Ambassadors' to join a group of people who meet once every half term to discuss how the school can be more neurodiverse friendly.

Could this be you?

Talk to your tutor or Mrs Jones if you want to get involved. Ideally we would have an ambassador in every form!

PE and Dance at Stanborough

Mr Foster, PE Teacher, writes:

Teaching and Learning Update:

Year 9 GCSE students have continued their excellent start to the year. They have been learning about the muscular system and its use in different sporting contexts. Students have looked at how muscles work in antagonistic pairs to create movement to allow performers to complete a desired skill.

Miss Newman has been particularly impressed with the progress with 7P and 8Z in Netball. They have been focusing on landing and passing and have significantly improved their technique!

Year 10 dancers have choreographed their Rosas Danst group dance in especially large groups of 9 and 10 which was extremely impressive. Their developments of the original repertoire was of a high standard. A video of this is available on the stanboroughpedance Instagram account!

Extra-Curricular Activities:

A reminder that extra-curricular clubs are back on due to a change in government guidance. There will also be an update next week about upcoming house football events and other extra-curricular activities that will be running. Dance practices are only happening for Years 11, 12 and 13 at the moment. If you have any questions about any extra-curricular events, please speak to your PE or Dance teacher.

<u>Extra Curricular PE</u>			
ALL PRACTICES WILL BE FROM 3.15PM—4.15PM			
	<u>Dance</u>	<u>Netball</u>	<u>Football</u>
<u>MONDAY</u>	Year 13	Year 7 Year 9	Year 8
<u>TUESDAY</u>	Year 11, 12 or 13	Year 8	Year 9
<u>WEDNESDAY</u>	Staff Meetings	Staff Meetings	Staff Meetings
<u>THURSDAY</u>	Year 11, 12 or 13	Year 10	Year 7
<u>FRIDAY</u>	Year 12		

Question of the Week

Mr McCarthy's weekly business question

Mr McCarthy, Business Teacher, writes:

A silver award will be given to the first person to email me the correct answer.

Answers to dmccarthy@stanborough.herts.sch.uk

The first competition is to solve a riddle:

Word riddle

My first is in sugar and also in salt
My second is in a place that you will need to bolt
My third is in running and also in rain
My fourth is in earhole, echo and Elaine
My fifth is in the middle name of Mr Steptoe's actor
My sixth is in round and also encore
My seventh is in love and also in lane
My eighth is in dead end again and again
My ninth is in a large loxodonta's common name
My tenth is in race that is run run again
My whole is a person who is hoping to gain



Question of the Week

GCSE Drama

A decorative card with a floral border of yellow and brown flowers and green leaves. It features a small illustration of William Shakespeare's head and shoulders on the left. The text on the card reads: 'WHAT DOES SHAKESPEARE MEAN?' followed by 'Send your answer to Miss Eracleous at geracleous@stanborough.herts.sch.uk to receive a Bronze and get it right for a SILVER reward!'. Below this is a quote: '"What's in a name? That which we call a rose, by any other name would smell as sweet"'. At the bottom, it says 'Romeo and Juliet - William Shakespeare'.

Question of the Week

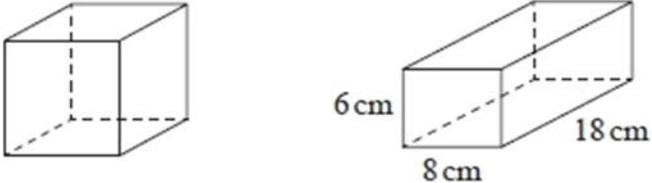
GCSE Mathematics



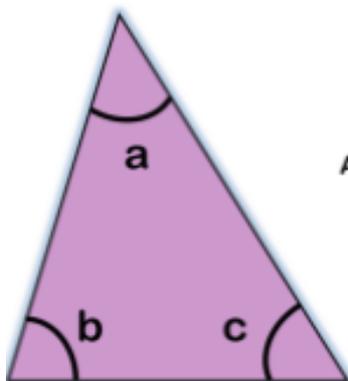
Mr Modi, Curriculum Leader: Mathematics writes:

SEND YOUR CORRECT ENTRY BY 25.11.20 TO EARN A GOLD AWARD

Choose the Higher or Foundation Maths GCSE question. Send your answers (preferably with workings) by email to smodi@stanborough.herts.sch.uk or on a piece of paper to the Maths Office.

Higher GCSE Question	Foundation GCSE Question
<p>Algebraic equations and expressions</p> <p>(a) Solve $\frac{9+x}{7} = 11-x$</p> <p>(b) Simplify $\frac{4(y+3)^3}{(y+3)^2}$</p>	<p>Volume and Surface Area</p> <p>The diagram shows a cube and a cuboid.</p>  <p>The total surface area of the cube is equal to the total surface area of the cuboid.</p> <p>Janet says, "The volume of the cube is equal to the volume of the cuboid."</p> <p>Is Janet correct?</p> <p>You must show how you get your answer.</p>

Sum of Angles in a Triangle



$$a + b + c = 180^\circ$$

Angles in triangles add up to 180 degrees.

Profile of the Week

Child Development



Mrs Hall



Mrs Daplyn



Mrs Vlijter

You do not need any previous experience with young children or even need to know any! This is also not a subject just for girls, we have many boys choose Child Development and thoroughly enjoy it.

We include a wide range of learning from conception to five years. We cover antenatal and postnatal care, nutrition and equipment requirements and children's development milestones. We get to apply our learning into practical activities, such as creating a meal for a baby or young child and planning and carrying out play activities for a young child.

There will always be a need for jobs working with young children and what more of a rewarding career can you have then helping to develop a child. Taking Child Development can lead to careers as a:

- Early years practitioner
- Family support worker
- Health play specialist
- Primary school teacher
- Midwife

Stanborough will be offering a Level 3 Child Development course at key stage 5 from September 2021 as well as the Cambridge National course at Key Stage 4 .

STANBOROUGH SCHOOL'S
**ENGLISH FACULTY
WEBSITE**
Everything you need in one, convenient spot!

**STANBOROUGHENGLISH.
WIXSITE.COM/ENGLISH**

Information for parents Revision tips
Lesson plans Set texts Videos
Homework help Exam Information
Past Papers ...and much more!

Stanborough School

Opening times
Visit the library on your Bubble Day.

Monday	Year 7	Break & Lunch
Tuesday	Year 8	Break & Lunch
Wednesday	Year 9	Break & Lunch
Thursday	Year 10	Break & Lunch
Friday	Year 11	Break & Lunch

High Expectations | Mutual Respect | Quality Learning | Success for All



Stanborough

FIVE WAYS TO WELL BEING

FEATURED

This week was Just Talk Week across Hertfordshire. This year's theme is the five ways to wellbeing. We have been taking part in the five ways to wellbeing in school this week using activities organized by our heads of school team led by Just Talk ambassador, Bethan Makowski. The five ways to wellbeing focus on five things we can all do to take care of our mental health and wellbeing. See top tips section for more information.



This week's **TOP TIPS**



Learn: this could be a new skill / sport / language etc.



Notice: notice the world around you and take time to breath



Connect: connect with those around you – talk and listen



Be active: walk to school, play a sport, ride your bike



Give: give something back to your community.

In School Support



Every student at school has a tutor they see every morning. These should be your first port of school if you're worried.

Useful Links



JUST TALK

In THE NEWS

Does using a smart phone affect your mental health?

Spending hours on smartphones and tablet devices has frequently been linked to exacerbating mental wellbeing, but new research claims the damage might start in users as young as two.

After just one hour of screen time, children and adolescents may have less curiosity, lower self-control and lower emotional stability, which can lead to an increased risk of anxiety and depression, claims a US study published recently.