



Relationships, Sex and Health Education Audit

Delivered by curriculum subjects – Black

Delivered outside of curriculum subjects - Green

Updated: November 2021

Grow and Succeed

High Expectations | Mutual Respect | Quality Learning | Success for All

Families	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> That there are different types of committed, stable relationships.(1) 		RP&E Drama	CSE Drama	ADT Childcare Drama MFL	ADT Childcare Drama MFL	ADT Dance Drama MFL Psychology Sociology
	Life Skills	Life Skills	Life Skills			
<ul style="list-style-type: none"> How these relationships might contribute to human happiness and their importance for bringing up children. (2) 		RP&E Drama Geography	CSE Drama MFL	ADT Childcare Drama Geography	ADT Childcare Drama	ADT Drama MFL Sociology
	Life Skills	Life Skills	Life Skills			
<ul style="list-style-type: none"> What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.(3) 			CSE	ADT	ADT	ADT MFL Politics Drama
			Life Skills			
<ul style="list-style-type: none"> Why marriage is an important relationship choice for many couples and why it must be freely entered into.(4) 			English CSE			
<ul style="list-style-type: none"> The characteristics and legal status of other types of long-term relationships.(5) 		Drama	CSE			MFL Drama
<ul style="list-style-type: none"> The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting(6) 	English	RP&E Drama	English	Childcare MFL	Childcare	Drama MFL Sociology
<ul style="list-style-type: none"> How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed. (7) 	Science	Drama	CSE Drama			Drama A Level Sciences /PAGs
	NEST	Life Skills	Life Skills			

<ul style="list-style-type: none"> About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.(12) 	English IT	Drama IT	Drama IT History	ADT IT Media Drama	English ADT Childcare	ADT Drama MFL Criminology
	Life Skills SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	Life Skills SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)
<ul style="list-style-type: none"> That some types of behaviour within relationships are criminal, including violent behaviour and coercive control. (13) 		Drama	Media CSE	Drama Media	Media Psychology	Drama Media Psychology Criminology Sociology
	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	Life Skills SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	Life Skills SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)
<ul style="list-style-type: none"> What constitutes sexual harassment and sexual violence and why these are always unacceptable.(14) 			Media	Media	Media	Media
	Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	Life Skills Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	Life Skills SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)
<ul style="list-style-type: none"> The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal. (15) 		Drama Geography	Drama History Media	Business Media History	Business History Media	Business Drama Economics MFL Media Politics IT Criminology
	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	Life Skills SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)	SFSW Assembly (cyber-bullying, sexual harassment, Pride LGBTQ+)

Online and Media	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.(16) 	IT	Business IT	Business Drama IT Media	Media MFL IT	Childcare Media	Media
	Life Skills NEST SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)
<ul style="list-style-type: none"> About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.(17) 	IT	IT	CSE Drama IT Media	Media Drama IT	Childcare Media IT	MFL Media
	Life Skills NEST SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)
<ul style="list-style-type: none"> Not to provide material to others that they would not want shared further and not to share personal material which is sent to them.(18) 	IT	IT	CSE Drama IT Media	Media IT	Media	MFL Media
	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)
<ul style="list-style-type: none"> What to do and where to get support to report material or manage issues online.(19) 	IT	IT	CSE IT	IT		
	Life Skills NEST SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)
<ul style="list-style-type: none"> The impact of viewing harmful content.(20) 	IT	IT	CSE IT	Media IT	Media	Media

	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)
<ul style="list-style-type: none"> That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.(21) 	IT	IT	CSE IT			MFL Media
	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)
<ul style="list-style-type: none"> That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.(22) 	IT	IT	CSE IT	IT		
	Life Skills NEST SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)
<ul style="list-style-type: none"> How information and data is generated, collected, shared and used online. (23) 	ADT IT	IT	CSE Drama IT Media Business	Media Music Business Geography IT	Media Music Business Geography IT	Maths Media Music Business Geography IT
	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	Life Skills SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)	SFSW Assembly (Cyberbullying, safer Internet day)

Being Safe	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 +13
Pupils should know						
<ul style="list-style-type: none"> The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.(24) 		Drama		ADT	ADT	ADT Drama Post 16 RE Criminology
	Assembly (sexual harassment)	Life Skills Assembly (sexual harassment)	Life Skills SFSW Assembly (sexual harassment)	SFSW Assembly (sexual harassment)	SFSW Assembly (sexual harassment)	SFSW Assembly (sexual harassment)
<ul style="list-style-type: none"> How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online). (25) 	Assembly (sexual harassment)	Life Skills NEST Assembly (sexual harassment)	Life Skills SFSW Assembly (sexual harassment)	SFSW Assembly (sexual harassment)	SFSW Assembly (sexual harassment)	SFSW Assembly (sexual harassment)

Intimate and sexual relationships, including sexual health	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.(26) 	English	English Drama	English CSE Drama	English Drama	English Drama	English Drama
	SFSW	SFSW	Life Skills SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.(27) 			CSE	Childcare Media	Childcare	
	SFSW	SFSW	Life Skills SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> The facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause.(28) 				Childcare	Childcare Science	

<ul style="list-style-type: none"> That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.(29) 				Media	Media	Media
	SFSW	SFSW	Life Skills SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> That they have a choice to delay sex or to enjoy intimacy without sex(30) 						
	SFSW	SFSW	Life Skills SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> The facts about the full range of contraceptive choices, efficacy and options available.(31) 		Science	CSE	Childcare	Childcare Science	Media
			Life Skills			
<ul style="list-style-type: none"> The facts around pregnancy including miscarriage.(32) 		Childcare Science	CSE	ADT Childcare Drama	ADT Childcare Science	ADT Drama
			Life Skills			
<ul style="list-style-type: none"> That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).(33) 			CSE		Science	MFL
			Life Skills			
<ul style="list-style-type: none"> How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.(34) 				Childcare Science	Childcare Science	
			Life Skills			
<ul style="list-style-type: none"> About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.(35) 						
			Life Skills			
<ul style="list-style-type: none"> How the use of alcohol and drugs can lead to risky sexual behaviour.(36) 			CSE			English MFL Media
	SFSW	SFSW	SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.(37) 				Childcare	Childcare	
		Life Skills	Life Skills			

Physical Health & Mental Well-being

Mental Well-being	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> How to talk about their emotions accurately and sensitively, using appropriate vocabulary.(38) 		English CSE Drama	Music	Music	Music	Drama Music
	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)
<ul style="list-style-type: none"> That happiness is linked to being connected to others.(39) 	English	English CSE Drama Geography		PE - GCSE Business Psychology Geography	CSE Business PE - GCSE MFL Psychology	Business Drama PE Psychology Economics
	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)
<ul style="list-style-type: none"> How to recognise the early signs of mental wellbeing concerns.(40) 		CSE	Psychology		CSE	English
	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)
<ul style="list-style-type: none"> Common types of mental ill health (e.g. anxiety and depression).(41) 		CSE	Drama Psychology	ADT Drama Psychology	ADT CSE Dance Psychology	ADT Dance Drama MFL Psychology

	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)
<ul style="list-style-type: none"> How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.(42) 	CSE	CSE			CSE	Psychology
	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)
<ul style="list-style-type: none"> The benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness.(43) 	Dance Music PE	CSE Dance Music PE	Dance Music PE	ADT Dance MFL Music PE	ADT CSE Dance Music PE	ADT Dance Music PE
	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	NEST SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	Life Skills SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)	SFSW Assembly (Mental Health, kindness, Just Talk, Feeling good week, Neurodiversity week, resilience)

Internet safety and harms	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> The similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online.(44) 	IT	IT	CSE Drama IT	ADT IT Media Drama	ADT Dance Media	Maths ADT Finance Dance French Media IT Criminology
	NEST SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	Life Skills NEST SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	Life Skills SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	Life Skills SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	SFSW Assembly (Internet safety/cyber bullying, safer Internet day)
<ul style="list-style-type: none"> How to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours. (45) 	IT	Drama IT	CSE Drama IT	ADT Drama IT	ADT	ADT Criminology
	NEST SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	Life Skills NEST SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	Life Skills SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	Life Skills SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	SFSW Assembly (Internet safety/cyber bullying, safer Internet day)	SFSW Assembly (Internet safety/cyber bullying, safer Internet day)

Physical health and fitness	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> The positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress.(46) 	Dance PE	Dance PE Science	Science CSE Dance PE	ADT Dance French Media PE Science	ADT CSE Dance PE Spanish	Dance French PE
	NEST SFSW	Life Skills NEST SFSW	Life Skills SFSW	Life Skills SFSW	Life Skills SFSW	SFSW
<ul style="list-style-type: none"> The characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardiovascular ill-health.(47) 	Music PE	Science PE	Geography PE Science	Science ADT Media PE	ADT CSE PE Science	French PE
	SFSW	SFSW	Life Skills SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> About the science relating to blood, organ and stem cell donation. (48) 			Science	ADT Science	ADT Science	

Healthy Eating	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
How to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer. (49)	PE	Science PE ADT (food)	Childcare Geography PE Maths	ADT PE Science MFL	ADT PE	PE ADT
	SFSW	NEST SFSW	SFSW	Life Skills SFSW	Life Skills SFSW	Life Skills SFSW

Drugs, Alcohol and Tobacco	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> The facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions.(50) 		Science Drama	ADT CSE	Science ADT PE - GCSE	ADT PE - GCSE MFL	ADT French PE
	SFSW	NEST SFSW	SFSW	Life Skills SFSW	Life Skills SFSW	SFSW
<ul style="list-style-type: none"> The law relating to the supply and possession of illegal substances.(51) 		Drama	ADT	ADT	ADT	ADT
				Life Skills		
<ul style="list-style-type: none"> The physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood.(52) 		Science	ADT CSE Science	ADT PE - GCSE Science	ADT PE - GCSE	ADT Drama MFL Media PE
	SFSW	Life Skills NEST SFSW	SFSW	Life Skills SFSW	Life Skills SFSW	SFSW
<ul style="list-style-type: none"> The physical and psychological consequences of addiction, including alcohol dependency.(53) 		Science Drama	ADT CSE	Science ADT	ADT	ADT Drama MFL
	SFSW	Life Skills NEST SFSW	SFSW	SFSW	Life Skills SFSW	SFSW
<ul style="list-style-type: none"> Awareness of the dangers of drugs which are prescribed but still present serious health risks.(54) 			ADT CSE	Science ADT Psychology	ADT Psychology	ADT MFL Psychology
				Life Skills		
<ul style="list-style-type: none"> The facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so. (55) 		Science	ADT CSE	Science ADT PE - GCSE	ADT PE - GCSE	ADT MFL Media PE
	SFSW	NEST SFSW	SFSW	SFSW	SFSW	SFSW

Health and prevention	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> About personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics.(56) 		Geography	Geography	Science	Science	
	Life Skills NEST SFSW	SFSW	SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> About dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist.(57) 						
	Life Skills NEST SFSW	SFSW	SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> (late secondary) the benefits of regular self-examination and screening.(58) the facts and science relating to immunisation and vaccination.(59) 			Science	Geography Science	Science	
	SFSW	SFSW	Life Skills SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> The importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn. (60) 				PE - GCSE Psychology	PE - GCSE Psychology	French PE Psychology
	Life Skills NEST SFSW	Life Skills NEST SFSW	SFSW	Life Skills SFSW	Life Skills SFSW	SFSW

Basic First Aid	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> Basic treatment for common injuries.(61) 				PE - GCSE	Childcare PE - GCSE	PE
	Life Skills		Life Skills	Life Skills		
<ul style="list-style-type: none"> Life-saving skills, including how to administer CPR.(62) 				PE	Childcare	
				Life Skills		
<ul style="list-style-type: none"> The purpose of defibrillators and when one might be needed. (63) 				Science PE		
	Life Skills		Life Skills	Life Skills		

Changing Adolescent body	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12 + 13
Pupils should know						
<ul style="list-style-type: none"> Key facts about puberty, the changing adolescent body and menstrual wellbeing.(64) 		Science		Childcare ADT	Science Childcare ADT	ADT
	Life Skills SFSW	SFSW	SFSW	SFSW	SFSW	SFSW
<ul style="list-style-type: none"> The main changes which take place in males and females, and the implications for emotional and physical health. (65) 	Music	Music Science	Music	ADT	Science ADT	ADT
	Life Skills SFSW	SFSW	SFSW	SFSW	SFSW	SFSW