

Curriculum Map

Subject: PE

Year Group: 10

Time Period	Autumn Term	Spring Term	Summer Term
Content	<p>You will study a variety of activities within the following categories:</p> <ul style="list-style-type: none"> • Individual activities/games • Team activities/games • Aesthetic activities • Fitness 	<p>You will study a variety of activities within the following categories:</p> <ul style="list-style-type: none"> • Individual activities/games • Team activities/games • Aesthetic activities • Fitness • Athletics 	<p>You will study a variety of activities within the following categories:</p> <ul style="list-style-type: none"> • Athletics • Striking & Fielding
Skills (Practical)	<ul style="list-style-type: none"> • Fundamental Motor Skills • Techniques • Tactics 	<ul style="list-style-type: none"> • Fundamental Motor Skills • Techniques • Tactics 	<ul style="list-style-type: none"> • Fundamental Motor Skills • Techniques • Tactics
Key Questions (Concept)	Am I able to effectively problem solve in a variety of situations?	Am I able to work as part of an effective team?	Am I able to reflect on my own strengths and identify areas to improve?
Assessment week and content	Continuous throughout the term, end of activity/concept assessment.	Continuous throughout the term, end of activity/concept assessment.	Continuous throughout the term, end of activity/concept assessment.

————— **Grow and Succeed** —————

High Expectations | Mutual Respect | Quality Learning | Success for All