

Curriculum Map

Subject: PE

Year Group: 11

Time Period	Autumn Term	Spring Term
Content	<p>You will study a variety of activities within the following categories:</p> <ul style="list-style-type: none"> • Individual activities/games • Team activities/games • Aesthetic activities • Fitness 	<p>You will study a variety of activities within the following categories:</p> <ul style="list-style-type: none"> • Individual activities/games • Team activities/games • Aesthetic activities • Fitness • Striking & Fielding
Skills (Practical)	<ul style="list-style-type: none"> • Fundamental Motor Skills • Techniques • Tactics 	<ul style="list-style-type: none"> • Fundamental Motor Skills • Techniques • Tactics
Key Questions (Concept)	Am I able to use physical activity as a tool to manage my stress?	Am I aware of the long-term impact physical activity has on my well-being?
Assessment week and content	Continuous throughout the term, end of activity/concept assessment.	Continuous throughout the term, end of activity/concept assessment.

————— **Grow and Succeed** —————

High Expectations | Mutual Respect | Quality Learning | Success for All