

## **Curriculum Map**

## Subject: Culture, Society & Ethics (CSE)

Year Group: 11

Time Period	Autumn Term	Spring Term	Summer Term
Content	Stress & Wellbeing	Personal Growth & Relationships	Faith, Culture & Media
	Mental Stress	<ul> <li>Body positivity and body shaming</li> </ul>	• Free Speech
	Anxiety	<ul> <li>Friendships &amp; Bullying</li> </ul>	<ul> <li>Cultural Appropriation</li> </ul>
	Mental Health	<ul> <li>Conflict Management</li> </ul>	• Culture Wars
	Mindfulness	<ul> <li>Self-awareness &amp; self-confidence</li> </ul>	<ul> <li>Social Justice</li> </ul>
	<ul> <li>Eating Disorders</li> </ul>	<ul> <li>Independent living</li> </ul>	<ul> <li>Religious Prejudice</li> </ul>
	• Self-Harm	Privilege	
Skills	Self-awareness	<ul> <li>Self-awareness</li> </ul>	<ul> <li>Self-awareness</li> </ul>
	Reflection	Reflection	Reflection
	Introspection	<ul> <li>Introspection</li> </ul>	<ul> <li>Introspection</li> </ul>
	Empathy	Empathy	Empathy
	Resilience	Resilience	Resilience
	Literacy	Literacy	Literacy
	<ul> <li>Communication &amp; Debating</li> </ul>	<ul> <li>Communication &amp; Debating</li> </ul>	<ul> <li>Communication &amp; Debating</li> </ul>
Key Questions	• What is stress and how to cope?	<ul> <li>What is body shaming?</li> </ul>	<ul> <li>What are the challenges of free</li> </ul>
	<ul> <li>How can I avoid anxiety and work</li> </ul>	<ul> <li>How do I maintain good and fulfilling</li> </ul>	speech?
	towards good mental health?	relationships?	<ul> <li>Is cultural appropriation wrong?</li> </ul>
	<ul> <li>What is mindfulness?</li> </ul>	<ul> <li>What is self-awareness and how can I</li> </ul>	<ul> <li>What is social justice?</li> </ul>
	What are some of the real dangers of	develop self-confidence?	<ul> <li>How have and do religious groups</li> </ul>
	poor mental health?	<ul> <li>How can I live independently?</li> </ul>	contribute to wider society?
Assessment week			
and content			
	There are no assessment in CSE	There are no assessment in CSE	There are no assessment in CSE

Grow and Succeed