



Curriculum Map

Subject: PE

Year Group: 8

Time Period	Autumn Term	Spring Term	Summer Term
Content	<p>You will study a variety of activities within the following categories:</p> <ul style="list-style-type: none"> • Individual activities/games • Team activities/games • Aesthetic activities • Fitness 	<p>You will study a variety of activities within the following categories:</p> <ul style="list-style-type: none"> • Individual activities/games • Team activities/games • Aesthetic activities • Fitness • Athletics 	<p>You will study a variety of activities within the following categories:</p> <ul style="list-style-type: none"> • Individual activities/games • Team activities/games • Aesthetic activities • Fitness
Skills	<ul style="list-style-type: none"> • Fundamental Motor Skills • Techniques • Tactics 	<ul style="list-style-type: none"> • Fundamental Motor Skills • Techniques • Tactics 	<ul style="list-style-type: none"> • Fundamental Motor Skills • Techniques • Tactics
Key Questions	Do I understand the relationship between PE and positive physical health?	Do I understand the role that good diet and nutrition has on my health, academic performance and well-being?	Am I able to demonstrate high levels of effort to show my potential in a variety of activities?
Assessment week and content	Continuous throughout the term, end of activity/concept assessment.	Continuous throughout the term, end of activity/concept assessment.	Continuous throughout the term, end of activity/concept assessment.

————— **Grow and Succeed** —————

High Expectations | Mutual Respect | Quality Learning | Success for All