

## Curriculum Map

**Subject: RSHE**

**Year Group: 8**

Time Period	Autumn Term	Spring Term	Summer Term
<p><b>RSHE Life Skills Content (Tutor Time)</b></p>	<p style="text-align: center;"><u>Digital Literacy</u></p> <ul style="list-style-type: none"> <li>• The history of email</li> <li>• What is Cc and Bcc and when it is used? How do I write an appropriate email and subject line to a teacher</li> <li>• How to add an attachment</li> <li>• Email etiquette</li> </ul> <p style="text-align: center;"><u>Our Community- Plastic world</u></p> <ul style="list-style-type: none"> <li>• What is pollution?</li> <li>• Air pollution, water pollution, land pollution</li> <li>• Recycling</li> <li>• Making a pledge</li> </ul>	<p style="text-align: center;"><u>Memory</u></p> <ul style="list-style-type: none"> <li>• Multi Store memory model</li> <li>• How to avoid decay and displacement</li> <li>• Retrieval cues and triggers</li> <li>• What makes a great study environment</li> <li>• The Pomodoro method</li> </ul> <p style="text-align: center;"><u>Relationships and Friendships</u></p> <ul style="list-style-type: none"> <li>• What is the spectrum of relationships</li> <li>• How do we know when a friendship isn't working for us</li> <li>• How do we assess our friendships</li> <li>• How to politely respect the end of a friendship and/or relationship</li> </ul>	<p style="text-align: center;"><u>Taking care of myself</u></p> <ul style="list-style-type: none"> <li>• First aid-- Bandages and burns</li> <li>• First aid—Bleeding</li> <li>• Sleep—knowing the sleep-wake cycle</li> <li>• Sleep—dealing with irregular sleep cycles</li> <li>• Sleep—what is your sleep hygiene?</li> </ul> <p style="text-align: center;"><u>Culture at Stanborough and Beyond</u></p> <ul style="list-style-type: none"> <li>• What is Pride? The history of Stonewall</li> <li>• The spectrum of sexualities</li> <li>• The History of Drag</li> <li>• Gender identity</li> <li>• The history of same sex marriages in the UK</li> <li>• Audre Lorde</li> <li>• LGBTQIA activists and charities</li> </ul>
<p><b>RSHE Content covered in curriculum subjects</b></p>	<p style="text-align: center;"><u>Science</u></p> <p>The menstrual cycle, reproduction, fertilisation, contraception and infertility treatment</p> <p><u>IT and Computing</u></p> <p>Anti-bullying week (linked to online behaviour)</p>	<p style="text-align: center;"><u>IT and Computing</u></p> <p>Safer Internet Day</p>	<p style="text-align: center;"><u>Religion, Philosophy and Ethics</u></p> <p>The nature of justice and how justice is applied in Society</p>

————— **Grow and Succeed** —————

High Expectations | Mutual Respect | Quality Learning | Success for All