

## Curriculum Map

**Subject: RSHE**

**Year Group: 9**

Time Period	Autumn Term	Spring Term	Summer Term
<p><b>RSHE Life Skills Content (Tutor Time)</b></p>	<p style="text-align: center;"><u>Digital Literacy</u></p> <ul style="list-style-type: none"> <li>• What is Cc and Bcc and when it is used? How do I write an appropriate email and subject line</li> <li>• What is CV and how is It used?</li> <li>• How do I write a personal statement</li> </ul> <p style="text-align: center;"><u>Our Community- Social Justice</u></p> <ul style="list-style-type: none"> <li>• Appropriate and inappropriate social skills</li> <li>• What are your rights and responsibilities?</li> <li>• How do we contribute to our community</li> <li>• How do we belong?</li> <li>• What is healthy arguing?</li> </ul>	<p style="text-align: center;"><u>Memory</u></p> <ul style="list-style-type: none"> <li>• Multistore memory model</li> <li>• How to avoid decay and displacement</li> <li>• Retrieval cues and triggers</li> <li>• What makes a great study environment</li> </ul> <p style="text-align: center;"><u>Relationships</u></p> <ul style="list-style-type: none"> <li>• What are signs of unhealthy relationships?</li> <li>• How to get out of toxic relationships- when is enough, enough?</li> <li>• What is gas lighting?</li> <li>• How to breakup nicely and how to take breakups</li> <li>• How to support someone through a breakup</li> </ul>	<p style="text-align: center;"><u>Taking care of myself</u></p> <ul style="list-style-type: none"> <li>• Drugs and alcohol and sexual health</li> <li>• Contraceptives</li> <li>• Dangers of drugs and alcohol consumption</li> </ul> <p style="text-align: center;"><u>Culture at Stanborough and Beyond</u></p> <ul style="list-style-type: none"> <li>• Religious tolerance</li> <li>• Being Muslim</li> <li>• What is a hate crime?</li> <li>• The Human Rights Act</li> <li>• Religious holidays</li> <li>• Immigration and becoming a citizen</li> <li>• Drop-down day on contraception, gender, healthy lifestyles and online safety.</li> </ul>
<p><b>RSHE Content covered in curriculum subjects</b></p>	<p style="text-align: center;"><u>IT and Computing</u></p> <p><u>Anti-bullying week</u> (linked to online behaviour)</p>	<p style="text-align: center;"><u>IT and Computing</u></p> <p>Safer Internet Day</p>	<p style="text-align: center;"><u>Religion, Philosophy &amp; Ethics</u></p> <p><u>British Values and Faith Culture and Media</u> Students investigate what it means to be British and how this has changed over time and then see how religion is portrayed in the media in the UK</p>

————— **Grow and Succeed** —————

High Expectations | Mutual Respect | Quality Learning | Success for All