

Life Skills: Overview 2022-23

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6	
	Digital Literacy and CV building	Our Community	Study Skills	Relationships	Taking care of myself	Culture at Stanborough and Beyond	Drop Down Day (subject to change)
Y7	Creating folders Organising your work Typing tests	My Universe (SC)	Learning to learn Y7 goal setting (DK)	My Jigsaw—personalities (SC)	Road Safety Hygiene How to open a bank account	Travel Geoguesser Online	Gosling teamwork
Y8	How to write an e-mail Reaching out to teachers	Pollution & our Plastic World (SJ)	Memory My study environment	The Spectrum of relationships (SC?)	Basic First Aid Sleep	LGBTQIA+ (LW and Ambassadors)	Teamwork and media
Y9	How to write an e-mail CV Building	Social Justice (SC)	Memory Exam strategies and revision timetables	**Gaslighting, abuse, how to break up	Drugs and alcohol **Sexual Health	Cultural awareness (RC)—include citizenship?!	Contraception, Gender Bread, Healthy Life
Y10	CV Building Interview skills	Our community: Debate (include citizenship?)	Meaningful revision Exam strategies and revision timetables	**Sexual relationships, sex for pleasure	Stress management Drugs and Alcohol Sleep	BAME history (CD and Bomo)	Mental Well being Art Physical well being
Y11	Memory Revision	Inspirational people	Careers research	Parliament, Electoral Systems, and forms of government	Revision and exam prep		

**** Parents notified ahead of time via letter**