

Young Carers Information

Stanborough



Young Carers Information



YOUNG CARERS

Do you help to look after a member of your family, who is ill or disabled, or who uses drugs or alcohol?
Do you take on responsibility for things that would normally be done by an adult?
If you answered yes to these questions then you probably are a young carer.

If you feel you would like to talk, meet other young carers, receive some support with your personal life, school work, homework or social life then please come along to G6 on Monday lunch time.

Please come and talk to Mrs Stratton or email ss Stratton@stanborough.herts.sch.uk.



Our Young Carers Service offers free support including:

- Home visits to find out what's important to you and your family and how we can help.
- Activities to meet other young carers and give you a break from caring.
- The Carers' Passport Discount Card - save money when shopping or out.
- Opportunities to have your say, for example through our Young Carers' Council.



Contact us by calling 01992 58 69 69

Email: young.carers@carersinherts.org.uk

Visit our website www.ych.org

Write to: Carers in Hertfordshire (Young Carers Service),
The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX.

Find us at  @ycherts  @cleveland_ycherts

There's also information on the free Young Carers in Hertfordshire App available for android devices via Google Play.

HOMEWORK CLUB

*Mondays and Tuesdays for all year groups and
Wednesdays for Year 7 only
In C3*

If you would like to become an ambassador for young carers and help deliver information please talk to Mrs Stratton



Are you a young carer?

A young carer is someone who provides help and support to a family member, friend or neighbour who would otherwise not be able to manage.

The person they care for may have a physical or learning disability, dementia, mental health problems, may misuse drugs or alcohol or may be ill or frail.

The person may live with the young person or elsewhere, may be an adult or a child but if they rely on the young person for support, then they are a carer.

Anyone can become a carer: Carers come from all walks of life, all cultures and can be of any age.

Even if a student at Stanborough does not register to be a young carer with carers in Herts, we still recognise them as being young carers and they will still receive support in school. If you think you are a young carer but have not registered with Young Carer in Herts, please inform Mrs Stratton sstratton@stanborough.herts.sch.uk and forms will be given to you.

Young Carers in Herts Information

Alternatively you can visit the carers in Herts website and fill in an enquiry form. <https://www.carersinherts.org.uk/are-you-a-carer/>

Young Carers in Herts information

Carers in Hertfordshire,

The Red House,

119 Fore Street,

Hertford,

Hertfordshire,

SG14 1AX.

01992 58 69 69

Lines are open 9am – 5.30pm Monday to Thursday, 9am – 4.30pm on Fridays.

Our Carer Support Advisors are now also available on this number from 5.30pm – 7.30pm on Tuesdays and Wednesdays.

young.carers@carersinherts.org.uk

Support in Stanborough School



Mrs Stratton is the main contact for all young carers at Stanborough. If you are struggling with homework, or with your responsibilities at home and need to talk you can find her every Monday lunchtime in G6 or you can email sstratton@stanborough.herts.sch.uk.

Alternatively, you can use the Sharp system to contact us.

<https://stanborough.herts.sch.uk/sharp-stanborough/>

Providing information about Young Carers throughout the school year.

September - During September every year questionnaires and information will be placed on classcharts to help identify young carers.

January- Virtual young carers assembly

March -Young Carers Awareness day is usually in March every year. PowerPoints will be shown during tutor time.

June/July– We hope during the transition process young carers are identified.

