

Stanborough



Mathematics & Computing Academy

Headteacher: Mrs M John

15<sup>th</sup> February 2024

Dear Parent / Carer

As a school, we recognise the various challenges faced by young people as they grow up today. It is important that the school therefore equips students, in partnership with parents, with the knowledge and understanding they require to lead a safe and happy life. This area of the curriculum is often referred to as the RSE (Relationships, Sex and Health Education) Curriculum which includes the Life Skills programme.

We hope you have been able to visit the Life Skills page available through our school website to see the curriculum outline for Life Skills this year. However, in addition to this, we wanted to make you aware of the topics being covered next half term.

Year 10

Week 1: Pornography's effect on the brain

Week 2: Safe Sex

Week 3: Voluntary & involuntary celibacy

Week 4: Gaslighting and emotional abuse

Week 5: Consent

These lessons link directly to the DoFE Statutory guidance for RSE.

Should you have any questions, please do not hesitate to contact myself, or the head of year.

Yours faithfully

Dr Sutton

Life Skills Coordinator

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- Grow and Succeed -

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