

Duke of Edinburgh Expedition Kit List

This list is to be used as a guide and not all items need to be bought some can be borrowed from a variety of kit suppliers. Some kit will be provided by school. Kit that can be provided by school will have a small £5 fee, we also have only limited amounts of equipment and it will be reserved on request and payment.

Clothing

You are required to have your own:

- Walking boots
- Walking socks (advised, they are more comfortable)
- Warm hat/Sun hat
- Pair of gloves
- Waterproof over trousers
- Waterproof and windproof jacket/coat (we have some at school)
- Trousers to walk in (not jeans)
- Fleece tops or similar (hoodys have a tendency to get very heavy when wet.)
- 2-3 T-shirts
- Nightwear
- Underwear
- Change of shoes for the campsite

You may want to have:

- Thermal tops
- Pair of gaiters

Personal Kit

You are required to have your own:

- Sleeping bag
- Sleeping mat
- Whistle
- Torch
- Personal First Aid Kit
- Expedition Food
- Water Bottle
- Knife, Fork & Spoon
- Plate/Bowl & Mug
- Wash Kit/Personal hygiene items
- Sunblock (if required)
- Towel
- Small quantity of money
- Notebook and pen/pencil
- Watch

You may want to have:

- Rucksack Liner (could be a survival bag and double up)
- Sleeping Bag Liner
- Waterproof Bags
- Rucksack (can be provided by school, may want to have own for a better fit/size, good camping shops can recommend size and shape per individuals)