

Stanborough



Mathematics & Computing Academy

Headteacher: Mrs M John

9th February 2026

Dear Parent / Carer

As a school, we recognise the various challenges faced by young people as they grow up today. It is important that the school therefore equips students, in partnership with parents and carers, with the knowledge and understanding they require to lead a safe and happy life and enjoy safe and happy relationships. This area of the curriculum is often referred to as the RSE (Relationships, Sex and Health Education) Curriculum which includes the Life Skills programme though is also taught in Science and RE/CSE.

We hope you have been able to visit the Life Skills page available through our school website to see the curriculum outline for life skills this year. However, in addition to this, we wanted to make you aware of the topics being covered in next half term's Life Skills tutor times should you wish to discuss these matters at home as well.

Year 9

Week 1: Unhealthy online relationships
Week 2: Unhealthy in-person relationships
Week 3: Dealing with group dynamics
Week 4: Contraception
Week 5: Consent

These lessons link directly to the DoFE Statutory guidance for RSE linked [here](#). Please also see our RSE policy on the Stanborough website.

Should you have any questions, please do not hesitate to contact myself, or the head of year.

Yours faithfully,

Dr Sutton
Life Skills Leader
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- Grow and Succeed -

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